

RINGDOWN - SHORT BIO

Ringdown's music is like calling your first love on a rotary telephone, percussively tearing out the hammers from a 1924 vintage upright, and flinging each of them into space while you wait for every heartache you've ever felt to quietly return. Collaborators Caroline Shaw and Danni Lee Parpan—who between the two of them have a Pulitzer Prize, a handful of Grammys, and a “Best Drum Major Award”—describe Ringdown as an electronic cinematic pop duo based in Portland, OR and New York, NY. Others have described Ringdown as the love child of Johannes Brahms and Brandi Carlile—if they were born in the same century and if Brahms was a queer woman. You decide.

RINGDOWN - LONG BIO

Ringdown – featuring composer-musicians Caroline Shaw and Danni Lee Parpan – is an “ecstatically blissful” (*Night After Night*) and “irresistible” (*Feast of Music*) cinematic electro-pop duo creating music that floats up from the dusty record bin between Brahms and Brandi Carlile, and centers around joy, human connection, and trying to inspire people to feel more love (and maybe even reach out to a crush).

The duo was drawn to each other through mutual admiration of each other's work; Shaw has won a Pulitzer Prize and several Grammy Awards for her boundary-breaking compositions and contributed music to films including Beyoncé's *Homecoming* and the Ken Burns documentary *Leonardo da Vinci*, and Parpan is a dynamic vocalist and folk-pop singer-songwriter who writes emotionally stirring lyrics and relishes in challenging how instruments are “supposed” to be played. Together as Ringdown, they forge a new realm that unlocks ways to write, sing, and perform that they can only access with each other, encouraging each to loosen their grip on the music they have created before and fully revel in the intricate pop music they have both always loved. Their songs are built on late nights of countless back-and-forths on tables covered in instruments and wires, sonically merging Shaw's pull toward the abstract with Parpan's directness, perhaps with a playlist of Sylvan Esso, Glasser, Robyn, James Blake, and The Blow in the background. The result is music that invites deep listening but also welcomes you to sing along, and – they hope – helps people feel everything they have been too afraid to feel.

As for the band's name: A ringdown is the theorized sound two black holes make in the final microseconds when they merge, a sub-bass whoosh and glide that suggest the world's biggest synthesizer, sighing in contentment. This might also describe how Ringdown's music sounds. Or at least how it feels to the band.

Ringdown's debut album, *Lady on the Bike*, was released May 2025 on Nonesuch Records and described as "a work of pristine intent, designed to burrow beneath our preconceptions and connect with neurons and synapses we thought were long since extinguished" (*Beats Per Minute*). The duo has performed across the U.S. and abroad at Big Ears, Carnegie Hall, Lincoln Center, Public Records, SXSW, Thuringia Bach Festival, The Whitney, and more. Shaw and Parpan, who are partners on and off the stage, split their time between Portland, OR and New York, NY. Learn more at ringdownmusic.com and follow them on what they are proud to share is "their friend Virginia's favorite Instagram account" at [@ringdownmusic](https://www.instagram.com/ringdownmusic).

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